Let Your Inner Child play

The famous musician Stephen Nachmanovitch said “So personality can change our life, make our life more colorful. Let your inner child play. The most potent muse of all is our own inner child.” I believe there is a child who never grows up in my heart. I am 16-year-old boy and I used to limit my inner child, but I realized how silly I was, after art classes in the middle school.

In the primary school, all students had an art book and my art teachers told us that “turn to page 17 and this is your work today, copy the picture that exactly draw a picture same as the one on the screen.” Then I started to do that. And because my work was coping and although I added my own opinion, my teacher didn’t care about it. So when my inner child in my heart tried to play and give ideas to my brain, I told him “go away, I didn’t want to do the extra work, this was not your business.” I pushed him into a room and locked the door.

After that I thought art was based on other people ideas and never drew my own pictures. At the same time, I was run out of my lack of ideas influenced my work in other subjects.

In Middle School, my new art teacher showed us a painting and told us draw the kind of picture, but add our own opinion. But on that time, “the door” was still locked, and I tried to think out my own opinion and explanation of my work, however I failed and I used my old way to finish it and absolutely my teacher criticized my lazy behavior. When I looked around, I saw classmates’ pictures; I realized my old opinion was so silly. I need to find my own way to do things.

Now that I allow my inner child to play, he was free, and my art was becoming better and better. Also I begined to have my own opinion when I met the problem, not just followed other people like before.

We must open ourselves to our inner child: a child who never grows up, a child who always at playing, a child who finds his own way of doing things. This I believe.

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-David Shen